

ASD Family Help

Registered Charity No. 1135718

Parent Carers Assessment

A parent carers assessment is the chance to tell social services about the things that could make looking after your child easier for you. It could help to get services or direct payments to meet your own assessed needs.

- 1 Every parent carer is entitled to an assessment** – you have the right to an assessment of your needs as a carer at ANY time (under the Children and Families Act 2014).
- 2 How do you get an assessment?** - Contact your Local Authority 'Children with Disabilities' team. Your child must have a substantial and long-term disability, be under 18 years and live in the Local Authority borough. Your child does NOT need a diagnosis.
- 3 What should it cover?** It must include an assessment of whether it is appropriate for you to provide (or continue to provide) care for the disabled child, in the light of your needs for support, other needs and wishes. It must also take into account your own well-being and the need to safeguard and promote the welfare of the disabled child and any other child you have parental responsibility for.
- 4 .Preparing for an assessment** – In preparation for your assessment give yourself time to think about how caring affects you. Consider what help would make a difference to you as a carer. Make notes and talk to other trusted family members/friends for their thoughts.
- 5 What help can I get?** Support can include:
 - Short breaks – during the day or overnight
 - Support to enable a child with disability to access community-based leisure activities
 - Support in the home to help care for a child with a disability
 - Support to help make changes to your home and get special equipment
- 6 Care Plan** – If the Local Authority agree to provide support, you will be given a care plan. It should include: what services will be provided, for how long the services are needed, what the local authority plans to achieve by providing the services, what each person and agency is expected to do and the date of the next review.
- 7 Transition** You may need support to prepare for transition from child to adult services. You have a right to an assessment under the Care Act 2014 called a child's carer's assessment 'in transition'. It should take place when it will be of the most 'significant benefit' to the young person or carer (before they reach 18). If the young person has an EHCP it may be done during the transition process from Year 9 onwards.

Please reach out to us if you have any questions or you are unsure where to go for support.

www.asdfamilyhelp.org