

There are lots of things going on in Wokingham and West Berks over the coming months (although all the Bank Holidays in May does affect some of our sessions)! Check out our 'What's on in April' and 'What's on in May' posters for a quick overview.

Please see below for further details of some of our events/session - there are also posters attached for most of these that may be useful.

Multi-Sports WOKINGHAM

Fortnightly Mondays 6-7pm. Ages 5-18. No diagnosis required.
Ratio of 1 adult to 8 children.
£4 per session paid termly / half-termly.
FBC Centre, Finchampstead.

SIGN UP REQUIRED – www.tinyurl.com/asdfhsport

Next Dates:

Mon 24th April 6-7pm
Mon 22nd May 6-7pm
Mon 5th June 6-7pm
Mon 19th June 6-7pm
Mon 3rd July 6-7pm
Mon 17th July 6-7pm



Teen Club WOKINGHAM

Monthly Wednesday's 5.15pm to 6.45pm. Ages 12 - 18. No diagnosis required.
Ratio of 1 adult to 8 children.
£4 per session paid termly.
Wokingham Baptist Church, Wokingham.

SIGN UP REQUIRED - <https://forms.office.com/r/7v9s23AbPe>

Next Dates:

17th May
21st June
19th July

Family Sessions WEST BERKS

Poster attached.

Monthly Tuesday's 5.15 to 6.15pm. All ages. No diagnosis required.

Support session for parents/carers and children. Parents must stay. FREE and no booking - just turn up.

Riverside Centre, Clayhill Road, Newbury

Next Dates:

25th April
9th May
6th June
4th July



Parent Support Group - WEST BERKS

Drop in support group for all parents/carers.

Monthly Friday's from 10am to 11.30am.

No booking, just turn up.

M&S Cafe, Newbury Retail Park

Next Dates:

19th May

9th June

14th July

Sleep Workshop - WOKINGHAM

Posters attached. For all parents/carers. No diagnosis required.

BOOKING REQUIRED:

www.tinyurl.com/ASDFHSleep4 May or www.tinyurl.com/ASDFHSleep5 June

Free to attend.

Next Dates:

Monday 15th May from 9.45am to 2.15pm (Arborfield Community Centre)

and

Tuesday 11th July from 9.45am to 2.30pm (Earley Crescent Resource Centre)

Carers Matter Workshop - WOKINGHAM

For all parents/carers. No diagnosis required. Professionals are welcome.

If you have a child with additional needs or you care for another adult then this workshop IS FOR YOU!

Find out about your rights, entitlements, carer assessments, benefits and more! Meet others in similar situations and find some help and support from people who understand.

BOOKING REQUIRED via: www.tinyurl.com/ASDFHCarers

Free to attend.

Next Workshop (all dates to be attended):

27th June 5.30pm to 8pm (Earley Crescent Resource Centre)

4th July 6pm to 8pm (Online)

11th July 5.30pm to 8pm (Earley Crescent Resource Centre)

Carers Matter Workshop - WEST BERKS

For all parents/carers. No diagnosis required. Professionals are welcome.

If you have a child with additional needs or you care for another adult then this workshop IS FOR YOU!

Find out about your rights, entitlements, carer assessments, benefits and more! Meet others in similar situations and find some help and support from people who understand.

BOOKING REQUIRED via: <https://ASDFHCarers.eventbrite.co.uk>

Free to attend.

Next Workshop (both dates to be attended):

28th June 10am to 2.30pm (Thatcham Baptist Church) & 4th July 10 - 12pm (Online)

14th July 10 - 11.30am (Optional Catchup in person)

We really look forward to seeing you at one or our events or workshops soon!